

October 2017

Bean Bag Baseball
Oct. 2nd, 9th, 16th & 23rd

9:30 a.m. - 11:15 a.m.

Homeruns are the best!



Washer Pitch
Oct. 3rd, 10th, 17th & 24th

9:30 a.m. – 11:15 a.m.

Come try your skills at making a 5 point ringer



LCR
Oct. 4th

10:15 a.m.-11:15a.m.

Dice Game! If you can remember, left, center and right you can play LCR.

Darts
Oct. 5th, 12th, 19th & 26th

9:30 a.m. – 11:15 a.m.

Come hit the bull's-eye!



AGE
Oct 6th, 13th & 27th

10:15a.m. – 11:15 a.m.

Active Good-Health Exercise

Eldergame
Oct. 11th

10:15 a.m. – 11:15 a.m.

Put on your Thinking Caps and come join the fun!

Flu Shots
Oct. 20th

9:00 a.m. – 11:00 a.m.

Free with Insurance

Craft Day
Oct. 18th

10:15a.m. – 11:15 a.m.

Join us for some fun and come make flowers for the center.

Spidey
Oct. 25th

10:15a.m. – 11:15 a.m.

New Game: He's creepy, he's crawly, he's Spidey! Roll the dice and make him come to life. Happy Halloween, Ha! Ha! Ha!



Halloween Birthday Bash
Oct. 31st



11:30 a.m. – 2:30 p.m.

Join us in celebrating the Oct. Birthdays. See front of calendar.



LUNCH
Monday – Friday

Must sign in by 11:15 a.m.
Lunch is served at 11:30 a. m.

Lunches prepared daily in the COA kitchen. **Lunch must be ordered by 1:00 p.m. for the following day.** Please refer to the COA bulletin board or website for lunch policy.