


October
2017

Office# (504) 278-7335
Web: www.sbcoa.org

Schedule is subject to change without notice

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Bean Bag Baseball 9:30a.m.-11:15a.m. LUNCH Bingo 12:45p.m.-2:30p.m	3 Washer Pitch 9:30a.m. – 11:15a.m. LUNCH Bingo 12:45p.m.-2:30p.m	4 LCR 10:15.m. – 11:15a.m. LUNCH Movie After Lunch	5 DARTS 9:30a.m.-11:15a.m. LUNCH Bingo 12:45p.m. – 2:30p.m	6 AGE Line Dancing Exercise 10:15a.m. – 11:15a.m. LUNCH Bingo 12:45p.m.-2:30p.m	7
8	9 Bean Bag Baseball 9:30a.m.-11:15a.m. LUNCH Bingo 12:45p.m.-2:30p.m	10 Washer Pitch 9:30a.m. – 11:15a.m. LUNCH Bingo 12:45p.m.-2:30p.m	11 Eldergame 10:15a.m. – 11:15a.m. LUNCH Movie After Lunch	12 DARTS 9:30a.m.-11:15a.m. LUNCH Bingo 12:45p.m. – 2:30p.m	13 Blood Pressure 9:00a.m.-11:15 a.m. AGE Line Dancing 10:15a.m. – 11:15a.m. LUNCH Bingo 12:45p.m.-2:30p.m	14
15	16 Bean Bag Baseball 9:30a.m.-11:15a.m. LUNCH Bingo 12:45p.m.-2:30p.m	17 Washer Pitch 9:30a.m. – 11:15a.m. LUNCH Bingo 12:45p.m.-2:30p.m	18 Craft Day 10:15a.m. – 11:15a.m. LUNCH Movie After Lunch	19 DARTS 9:30a.m.-11:15a.m. LUNCH Bingo 12:45p.m. – 2:30p.m	20 Flu Shots 9:00a.m. – 11:00a.m. LUNCH Bingo 12:45p.m.-2:30p.m	21
22	23 Bean Bag Baseball 9:30a.m.-11:15a.m. LUNCH Bingo 12:45p.m.-2:30p.m	24 Washer Pitch 9:30a.m. – 11:15a.m. LUNCH Bingo 12:45p.m.-2:30p.m	25 Spidey 10:15a.m. – 11:15a.m. LUNCH Movie After Lunch	26 DARTS 9:30a.m.-11:15a.m. LUNCH Bingo 12:45p.m. – 2:30p.m	27 Blood Pressure 9:00a.m.-11:15 a.m. AGE Line Dancing 10:15a.m. – 11:15a.m. LUNCH Bingo 12:45p.m.-2:30p.m	28
29	30 CYA Day 9:30a.m.-11:15a.m. LUNCH Bingo 12:45p.m.-2:30p.m	31 Center Open 11:00 a.m. Halloween Birthday Bash 11:30a.m.- 2:30p.m. Must have ticket!	 <p>Halloween Birthday Bash Tuesday October 31, 2017</p> <p>It is that time again, when the witches and ghosts come out to play! Join the fun here at the COA, as they dance the day away. You must have a ticket to attend. Tickets will be available from Oct. 23rd – Oct. 27th. Live band “Nightfall” will provide the music. There will be food, door prizes, 50/50 and more.</p> <p>Doors will open at 11:00 a.m.</p> 			

